Higashimachi Elementary School

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Coping with a New Heat

Principal Yoji Hatano

In the last summer of the Heisei Era, as temperatures City, Saitama in Kumagaya Prefecture hit a record high, this summer's temperatures have records from 1st place to 3rd place of historic highs. Temperatures passed 40°C in Ome City for the first time, making it the first time in history temperatures passed 40°C. Tokyo's Throughout the country in July, the 52,819 people transported by ambulance and the 124 deaths caused by heat stroke in one month is a large leap from previous numbers. Certainly, this is a record heat, a heat of calamitous levels that we have not experienced before.

There were many incidences where we, naturally, had to cope with this kind of heat. For the first time that I can remember, high school baseball games took breaks to rest and rehydrate. Also, at this school, for the first time in my 30 years as an educator, summer pool lessons were cancelled because of heat. However, these conditions and coping adaptations are not just some fluke for this year, but will continue from here on.

At this school we will be taking the following measures to prevent heat stroke in September, and we appreciate your understanding and cooperation.

[©]Water breaks will be taken during all classes, including pool classes. Please have your children bring a water thermos. Water, tea, and sports drinks are allowed. However, sports drinks can corrode the insides of some thermoses, so please check them at home.

©When arriving and leaving school, students are allowed to take water breaks. However, they will take their water break in the shade.

© When the heat index (WBGT) is over 31°C students will not be allowed to play or exercise outside.

©When the heat index (WBGT) is over 31°C, careful consideration will be made concerning the length of outside activities, whether or not there is shade or a breeze, and during pool lessons as well, air and water temperatures and wind conditions will be checked.

*****WGBT Heat Index: A measure used to prevent heatstroke. It measures the effect of outside air on the human body using ① temperature, ② conditions of the air like solar insolation and radiant heat and ③ 3 types of heat.

September

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September's Goal

Educational Counselor Kazuhiro Kawai

Get Back to a Stable School Life

The long summer holiday is over and at last the second term has begun. In order to attend the morning assemblies in good spirits, let's review the arrival time, and start the day on the right foot.

The Final Hakone Summer Trip of Heisei

Grade 5 Teachers Kazuhiro Kawai Hiroshi Kurokawa

The morning of August 18 Heisei 30 (2018), heading into the long-awaited Hakone summer trip, the children's cheerful voices resonated on the playground. The first stop was Kawaguchiko Field Center. During the nature walk they carefully inspected while walking along the rare terrain created by the lava from when Mt. Fuji erupted. Then for lunch they had barbeque. While splitting up their duties among friends, they enjoyed a delicious lunch in the beautiful outdoors. Arriving at the camp, the opening ceremony was held together with Azabu ES children. And at night they had a campfire. Everyone gathered around the fire and danced with cheerful smiles.

Day 2, the children headed out to climb Mt. Sengen. The skies were clear and the temperature was not too hot, the best weather. They climbed to the top of the mountain while talking to each other. After eating their lunches and coming down the mountain, they bought souvenirs at the gift shop. They seemed to enjoy deciding "What should I choose?" with serious expressions on their faces. Afterwards, they rode the pirate ship on Ashinoko to the dormitory. During the free time, they enjoyed playing soccer on the playground and card games in their rooms. At night, it was the test of courage. The students enjoyed heading towards the goal in the dark dorm with scary music playing while the teachers played as ghosts attempting to scare them.

Day 3, unfortunately there was light rain, but after the closing ceremony they headed for the Mt. Fuji Yusui Aquarium. "Wow, amazing!" They saw many rare fish there. After eating lunch and a little play time in the park they headed on the road home.

The children had fufilling 3 days and 2 nights while staying aware of the themes "Cooperation" and "Manners." "Acting 5 minutes early" "Listening carefully to others and acting," "Gathering quickly and quietly," etc. Through the summer trip they found their own challenges, and we saw them improve. "I am looking forward to next year's Hakone trip." The last Hakone summer trip of Heisei became a precious and memorable experience.

Summer Album☆Summer School





All 11 Summer school courses took place over 3 days from July 30 (Mon) to August 1 (Wed). The children welcomed the community members, groups and businesses, and were so engrossed with all the touching, making, and thinking that they lost track of the time. Clearly it will be a good memory for them and they are looking forward to next year's summer school.