



At the Start of the Second Term

Principal Yoji Hatano

From August 1st of this year's summer vacation, Tokyo suffered through a rainy streak that was just one day shy of the longest rainy period recorded 40 years ago. However, it is very fortunate that summer pool, supplementary classes, summer school, and the grade 5 trip to Hakone from July 27th (Thur) to the 29th (Sat) were mostly unaffected by the rain. More so, the fact that the 5th graders could go to Hakone's Nikoniko Gakuen, after two years of not being able to due to volcanic eruptions, was for me, the greatest thing.

Now, as we begin the second term, I would like to share with you two things that happened at the end of the first term.

The first is about revisions to the Higashimachi SNS Rules made by the student members of the Steering Committee in October of 2016. Considering that even children use free-dial apps and video sharing sites as communication tools, the members of the Steering Committee revised the rules as written below (the underlined parts are the revisions).

Higashimachi SNS Rules

When we are with our friends and family, let's put down our smart phones and enjoy out time together.

Never put any personal information (name, address, school photos, etc.) of yourself, your family, or your friends on the web.

Do not write things online that you would not say to someone directly. Read once more before sending.

Limit the time you spend online.

Do not believe everything that you read on the web.

The next thing involves the faculty members. On the final day of the first term, each faculty member looked back on the first term and wrote a slogan for a poster stating our endeavor to reduce corporal punish-



ment in the second term. The slogan is: "For the eradication of corporal punishment, Team Higashimachi declares that only humans can nurture humans; and, as a human, a child will be respected." As the corporal punishment prevention proclamation states, the faculty members thought about practical leadership methods that did not rely on corporal punishment. We will continue to implement those methods in the second term.

September

		Event	After-school
1	Fri	Opening Ceremony, Cleaning, Safety lesson, 4-pr. day	X
2	Sat	Pick Up Evacuation Drill	X
3	Sun		
4	Mon	Committee, School lunch begins, Summer Project Exhibit opens	5-6
5	Tue		3-6
6	Wed	Swim Meet (G6), 4-pr. day (not G6)	X
7	Thu	Student assembly, PT conference (G1,2,3)	X
8	Fri	Pool lessons end, PT conference (G4,5,6)	X
9	Sat	Japanese Culture, Summer Project Exhibit closes	X
10	Sun		
11	Mon	Club, Measurements (G6)	4-6
12	Tue	Measurements (G5)	3-6
13	Wed	4-pr. day, Measurements (G4)	X
14	Thu	Music assembly, Measurements (G3), Planetarium field trip (G4)	4-6
15	Fri	Measurements (G2)	2-6
16	Sat	Community festival	
17	Sun	Community festival	
18	Mon	Respect for the Aged Day	
19	Tue	4-pr. day, Measurements (G1), Student teaching begins, Roppongi JH orientation (G6)	X
20	Wed	Guest lecture from Temple U. student (G4)	X
21	Thu	4-pr. day, Teacher Development (G1-2)	X
22	Fri		2-6
23	Sat	Autumnal Equinox Day	
24	Sun		
25	Mon	Pre-School trip medical check (G6), Guest lecture from Temple U. student (G3)	X
26	Tue	School trip (G6), Supermarket trip (G3-1)	2-5
27	Wed	School trip (G6), School lunch tasting	X
28	Thu	School trip (G6)	4-5
29	Fri	School trip (G6), Supermarket trip (G3-2)	2-5
30	Sat		

September's Goals

Educational Counselor Hiroki Mine

Let's have a stable school life

If you want stability in your life, you must first give your mind some breathing room.

The reason people do not have stability is that their minds are constantly worrying about things and not focusing. So, what should you do to improve your focus? For that, you should establish a stable lifestyle. If you have a stable lifestyle, you will surely build focus. If you change your lifestyle, your way of thinking will change, and in turn you can do things with more focus. For example, try doing these three things below.

- Wake up at the same time every morning.
- Leave your house 10 minutes sooner than usual.
- Prepare your things for school the day before.

If you can set your mind to these, you will become calm and focused. You do not need to change yourself. You only need to change your lifestyle.