



## Making Time for the Ones We Love

Principal Hatano

The following is from a British insurance company's commercial titled "The Notebook."

A mother is vacuuming when suddenly she remembers something and heads towards the kitchen. Just as she pulls a dish from the oven, she hears a baby crying. She picks up her child and gently rocks her in her arms. She continues with the housework. At that point, her son returns home. The boy takes a piece of paper out from his bag and hands it to his mother, who takes it and is just about to read it when the telephone rings. Without reading the contents, she places it on the table. The boy opens the paper himself and we can see "The Tortoise and the Hare" is printed at the top. The mother talks on the phone while preparing dinner. She seems very busy.

The boy glances at the pile of unwashed dishes in the sink. Then, as if realizing something, he stands up and begins cleaning the pots and pans. The mother watches her son, curious as to why he started cleaning. The boy then writes "Wash Dishes 15" in a notebook. After that, we see a montage of scenes with the boy straightening his room, taking garbage out to the curb, and then recording the chores with numbers in the notebook like, "Take Out Trash 10." The boy continues helping. He does the laundry, he irons, he writes "Ironing 15." He cleans the floors.

One day, the mother returns home to find her son is not there. She waits for him outside and sees him returning from walking their dog. "Where've you been?" she asks sternly. The boy hands her his notebook and she opens it to a list of chores and numbers and a folded piece of paper. At the end of the list, the boy had tallied all the numbers and had written "120 minutes." It seems the numbers he had been writing represent time.

"I've been saving you time so you can come to my play."

The mother opened the paper folded in the notebook and we see it was the same piece of paper from before. It was a flyer for the upcoming school play, "The Tortoise and the Hare." Seeing that his mother was so busy, the boy had decided to help his mother so that she can have time to see his play. In the next scene we see the mother smiling at her son with joyful tears, as he, beaming on stage, dutifully plays the part of a tree.

As days become busier, we are unable to spend time with those dear to us, and the time we have to be with our families can run out. Still, even though we try to justify this business by saying "it's for the sake of the family," those we work so hard for may not be so happy to see us so busy. No matter how busy we may be, in the end, the grander gesture could be to make time for those you love despite how busy you may be.

<http://bright-magazine.com/impression/1362/>

## July

Date	Date	Event	After school
1	W	Bicycle Safety Class (Gr 3 Pr 34)	X
2	Th	Hanabata Student Assembly, Achievement Test (Gr 5)	4~6
3	F	Corn Shucking (Gr 1 Cl 2)	2~6
4	Sa		
5	Su		
6	M	Committee	4~6
7	Tu	Speech ☉, Drug Prevention Class (Gr 56), PTA Meeting (Gr 456)	x
8	W	Speech ☉, 4-Pr class, Shiba Area Field Trip (Gr 3)	x
9	Th	P.E. Assembly, Emergency Evacuation Drill, PTA (Gr 123)	x
10	F	Speech ☉	2~6
11	Sa	Japanese Culture ☉	x
12	Su		x
13	M		3~6
14	T		3~6
15	W		X
16	Th	Music Assembly	4~6
17	F	Closing Ceremony, Cleaning School Lunch Ends, 4-pr class	X
18	Sa		
19	Su		
20	M	<b>Marine Day</b>	
21	Tu	Summer Vacation Begins, Summer Swim☉, Supplementary Class ☉, Radio Taisho	
22	W	Swim☉, Supp ☉, Radio Taisho	
23	Th	Swim☉, Supp ☉, Radio Taisho	
24	F	Swim☉, Supp ☉, Radio Taisho	
25	Sa	Radio Taisho Ends	
26	Su		
27	M	Swim ☉	
28	Tu	Swim ☉ Higashimachi Summer School	
29	W	Summer School	
30	Th	Summer School	
31	F		



## July's School Goal

School Guidance Counsellor, Hiroki Mine

**Use the correct greetings when entering and leaving rooms are not your classroom.**

When entering a room that is not your classroom, say "Excuse me," or "shitsureishimasu." When leaving, say "shitsureishimashita," or "Thank you."

## Health Guidance

School Nurse Kazuko Yamagishi

Concentration, imagination, and expression. For children, a healthy mind and body is the foundation for encouraging the growth these aspects among others. It is for this reason that we conduct health guidance. At our school, we aim to align this guidance program with the various developmental stages of our students, on both group and individual levels. In particular, establishing basic lifestyle habits is given strong emphasis. In June, students school-wide participated in the "Healthy Teeth Calendar," and the 2<sup>nd</sup>, 4<sup>th</sup>, and 6<sup>th</sup> grade classes received instruction on proper dental care. In order to bridge the gap between understanding and doing, it is essential for students to continue practicing what they have learned at school in their homes as well. To support students' continued healthy growth, we ask that as parents and family members you support your children in reinforcing a healthy lifestyle.



## Emergency Disaster Drill

Health and Safety Committee Miku Kobayashi

Safety and speed. With these main points in mind, students are engaging in evacuation drills once a month in order to facilitate a safe and speedy exit from the school in case of a fire or earthquake. In this term, students have engaged in evacuation contingencies covering both fire and earthquake disasters, in addition to simultaneous evacuation with the preschoolers, and also moving to the secondary evacuation site at Ajiro park.

When a large earthquake struck Ogasawara in June, Higashimachi felt the powerful shock waves. Even so, students followed the evacuation procedures admirably: don't push, don't run, don't talk, and don't go back. Thanks to their efforts, all students were accounted for as they evacuated safely and quickly onto the school grounds.

Disaster can strike at any time. Through regular drills and consideration, we can cultivate the foresight to act quickly and accordingly should the worst come to pass. Ensuring one's safety is first and foremost one's own responsibility. Going forward, disaster drills will continue to be held regularly while covering a wide range of contingencies, and students will gain new knowledge of what to do in such events.

## Summer Pool

Summer Pool Committee Keiichi Hatanaka

The pool has opened, and students are eager to "immerse" themselves in swimming lessons.

As summer begins, so does summer pool, and here is the perfect chance for students to not only improve their swimming ability, but to also "deepen" their bonds with friends. Enjoying physical activities with friends is a very important experience for all children, despite how they may feel about sports. It is our hope that your student will come often and enjoy swimming with their friends. "I like sports" is a great thing to hear students saying. Even better, is hearing students say "I like playing sports with my friends", and this is one of the main goals for summer pool.

This year we have more students than ever, and so swimming instruction will be given in three groups: 1<sup>st</sup> and 2<sup>nd</sup> lower grades, 3<sup>rd</sup> and 4<sup>th</sup> middle grades, 5<sup>th</sup> and 6<sup>th</sup> upper grades. Please double check the schedule and timetable that was handed out, make sure your student has all their swimming gear, and please join us for summer pool!



## Summer Supplementary Class

Head Teacher Akemi Suzuki

Summer supplementary classes will be held during the summer holiday. It will be focused mainly on Japanese and Math, where students can review what they learned in the first semester and go over any areas that they found difficult or are a little unsure about. All students will work individually using worksheets and drills. We will also practice for the kanji certification test coming up in the 3<sup>rd</sup> term. Help your child avoid the "summer slope" by keeping an effective study schedule!

Session 1 will have classes three days from July 21 (M) to 24 (W), and Session 2 will be three days from August 26 (M) to 28 (W). They will be held before or after the pool lessons. grades 1 and 2 will study in grade 2 classrooms; grades 3 and 4 in the grade 3 classroom; and grades 5 and 6 in the library. All students are welcome. No reservation is needed! On July 28 (Tu), 29 (W) and 30 (Th), there will be summer school. These classes need to be applied for beforehand. A handout will be distributed in the near future about this.

