



Supported by Our Community

Principal Tetsuro Kawahara

Thank you very much to all the parents and community members who came to our recent Open School. We hope you enjoyed seeing how much the children have grown.

Minato City places great importance on international understanding education. At our school, we also promote this, and one part of it is Japanese Culture classes. When we hear international understanding, we often think of learning about other countries. However, understanding our own Japanese traditions and culture is also an important part of it.

During Open School, our 5th and 6th graders took part in Japanese Culture classes. They experienced taiko drumming, tea ceremony, and shogi (Japanese chess), with guidance from special instructors. Using our school's tea room, the students learned about proper tea ceremony manners—a rare experience for many of them.

These instructors are members of our local community who have been supporting this program for many years. As people often say, children grow up within their community. This means that not only families and schools, but also the entire community helps children grow. Our community also supports us through disaster-prevention activities, PTA radio exercises, and the Higashimachi Festival, spending time with and watching over our students.

November 14 marks our School Anniversary. Our school exists today thanks to the strong support of our local community. We will continue to be a school within the community, supported by everyone around us. We deeply appreciate your continued kindness, support, and cooperation for the healthy growth of our students.



November's Goal
Let's strengthen our minds
and bodies.

Date	Day	Events
1	Sa	Open Schoolyard
2	Su	
3	M	Culture Day
4	Tu	Safety Guidance
5	W	B schedule 4 periods, Field Trip (G1), Reading Week begins
6	Th	
7	F	4 periods, Student-teaching ends
8	Sa	
9	Su	Minato Tag Rugby Class
10	M	Morning Assembly
11	Tu	
12	W	B schedule 4 periods
13	Th	B schedule 4 periods
14	F	B schedule, School Anniversary, Art Exhibition (student and parent viewing)
15	Sa	B schedule 5 periods, Art Exhibition (parent viewing)
16	Su	
17	M	Substitute Holiday for Art Exhibition
18	Tu	B schedule 4 periods
19	W	B schedule 5 periods, Reading Week ends
20	Th	B schedule 4 periods, Medical check for new G1 students
21	F	School Anniversary Assembly (Student Assembly ④) Bouldering Week begins
22	Sa	Open Schoolyard
23	Su	Labor Thanksgiving Day
24	M	Substitute Holiday for Labor Thanksgiving Day
25	Tu	Club ⑦, Peace Message Exhibition begins
26	W	B schedule 5 periods, Evacuation Drill ⑦
27	Th	P.E. Assembly ② Family Asobi ⑤
28	F	Bouldering Week ends, Japanese Culture ② 4 th & 5 th period
29	Sa	
30	Su	

※Please check your grade newsletters for dismissal times.

※Please see the Higashimachi website for the school newsletter, grade newsletter, and lunch menu.
Paper versions are available from the homeroom teacher.

Evacuation Drill

The drill for November will be for a J-Alert (Nationwide Instant Warning System) issued during class.

School Anniversary Assembly

Date: November 21 (Fri.) 8:40-9:35

Parent-Teacher Meetings

Parent-Teacher Meetings will be held from December 4 (Thu.) to 9 (Tue.) ※ Not including Saturday and Sunday

Reading Week

Reading Week will be held from November 5 (Wed.) to November 19 (Wed.)

Human Rights Day

This month's Human Rights Day is Thursday, November 27. Lunch for that day will be maple toast and salmon cream stew from Canada.

Open Schoolyard for November

November 1 (Sat.) 12:00-15:00

November 22 (Sat.) 12:00-15:00

Art Exhibition

School Cultural Events Chair

The Art Exhibition will be held on November 14 and 15. The children have been working on their projects since the beginning of June. We hope you look forward to seeing how the atmosphere in the gym will be transformed.

Titles of Displayed Work

G1 : 〈2D〉 *Mofu-Mofu Zoo*

〈3D〉 *Fun Picnic*

G2 : 〈2D〉 *Big Parfait*

〈3D〉 *Hikari Sashikomu Yume no Ie*

G3 : 〈2D〉 *Guru-Guru Osentaku*

〈3D〉 *Giko-Giko-san no Ie*

G4 : 〈2D〉 *Nazo no Konchu*

〈3D〉 *Irotoridori*

G5 : 〈2D〉 *World Traveler*

〈3D〉 *White Shapes*

G6 : 〈2D〉 *Shapes of the Heart, Colors of the Heart*

〈3D〉 *My Chair*

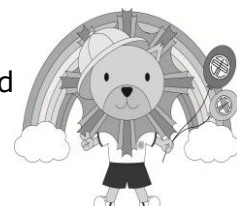
The History of Higashimachi

Vice Principal Koichi Wakebe

Our school's anniversary is on November 14. This year marks the 112th anniversary of Higashimachi Elementary School. The school's mascot character, "Sunlight," created in celebration of the 110th anniversary, has become a beloved figure among the children.

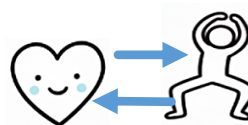
Higashimachi first opened in 1913 as Higashimachi Ordinary Elementary School. Since then, it has overcome many difficult times, including the complete destruction of the school building during World War II and the threat of closure due to a decline in student numbers. It is a school rich in tradition and history, growing together with the local community, which is what Higashimachi represents.

One of the school's unique features is its beautiful biotope. Every elementary school has one, but the biotope at Higashimachi is quite impressive. The bamboo that grows there is even used at nearby community events, contributing to the local area. Additionally, behind the horizontal bars in the schoolyard, there is a monument commemorating the 110th anniversary, crafted by the school staff using bamboo from the biotope. When you visit our school, please be sure to take a look!



Sunlight

From the Nurse's Office "The Connection Between a Healthy Mind and Body"



In the 5th grade health class, students learned that the mind and body are connected.

Before, the school nurse taught the 6th graders some simple stretching exercises. After doing them, students said things like their bodies feel lighter and their heads feel clear. This shows that when the body relaxes, the mind also relaxes.

If your child says they don't feel motivated, it may not mean their mind is weak—it could be a sign that their body is tired. When the body is tired, it's easier for the mind to feel down, too.

If your child seems unwell, please help them rest and relax their body first. Taking time to care for the body helps the mind recover energy and regain motivation.

Please help your child listen to their body and support both their mental and physical health.